

Externship Packing List

Professional Essentials

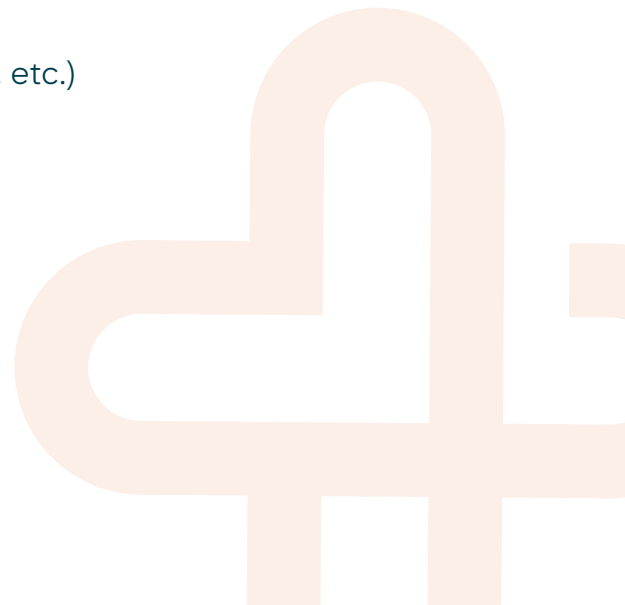
- ☐ Scrubs (2–4 sets, depending on duration and laundry access)
- ☐ Lab coat or white coat
- ☐ Professional attire (business casual outfits for any non-clinical meetings)
- ☐ Closed-toe, non-slip shoes (comfortable and appropriate for clinical settings)
- ☐ Stethoscope (personalized or labeled)
- ☐ Bandage scissors or suture scissors
- ☐ Notebook or clipboard for notes and case logs
- ☐ Pens/highlighters (bring extra!)
- ☐ Watch with second hand (for vital signs)
- ☐ Name tag / Student ID (and any hospital-specific badge if already provided)
- ☐ Portable phone charger (externships can be long days)
- ☐ Laptop or tablet (for charting, researching cases, or presentations)
- ☐ One backup “power outfit” (like a blazer or blazer-cape hybrid) – for impromptu job interviews or ego boosts.

Academic Materials

- ☐ Case logbook (if required by your program)
- ☐ Reference books or digital apps:
- ☐ Plumb’s Veterinary Drug Handbook
- ☐ VetPrep/Vet-Anatomy apps
- ☐ Merck Veterinary Manual
- ☐ Externship objectives or evaluation form (from your school)
- ☐ CV/resumé and cover letter (if it’s a potential job opportunity)

Personal Care & Comfort

- ☐ Toiletries (toothbrush, toothpaste, shampoo, deodorant, etc.)
- ☐ Medications / glasses / contact lenses
- ☐ Snacks and refillable water bottle
- ☐ Comfortable clothes for after work
- ☐ Lightweight blanket or jacket (clinics can be cold)
- ☐ Earplugs or eye mask (if staying in shared housing)



Housing / Travel Supplies

- ☐ Linens / towels (if not provided)
- ☐ Laundry supplies (detergent pods, quarters for machines)
- ☐ Basic kitchen utensils / Tupperware (if staying in extended housing)
- ☐ Travel documents (license, insurance, externship confirmation)
- ☐ Car charger, GPS, or printed directions (for rural areas with no signal)

